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Antioxidants In Health And Disease

Vitamin A in Health and Disease (Antioxidants in Health and Disease): 9780824791209: Medicine & Health Science Books @ Amazon.com Salonen JT, Salonen R, Seppänen K, Kantola M, Parviainen M, Alfthan G, Mäenpää PH, Taskinen E, Rauramaa R. Relationship of serum selenium and antioxidants to plasma lipoproteins, platelet aggregability and prevalent ischaemic heart disease in Eastern Finnish men. Although there are many compounds in fruits and vegetables that may potentially influence cancer risk, it is generally assumed that certain antioxidants such as vitamin E, Vitamin C and beta-carotene may be responsible for the lower cancer rates. Hence, descriptors such as “conundrum” and “double-edged sword” are often used to characterize the relationship between antioxidants and health. Part of the controversy stems from the innate properties of ROS as a class of biologically active compounds that can influence both disease prevention and disease promotion.